

FRESHMAN 101

FOUNDATIONS FOR SUCCESS



STUDENT SUCCESS BEST PRACTICES

- **USE PLANNER FOR ASSIGNMENTS**
- **DEVELOP TIME MANAGEMENT PLAN**
 - **FAILING TO PLAN IS PLANNING TO FAIL**
- **USE BEST PRACTICES FOR ONLINE LEARNING**

TIME MANAGEMENT PLAN

SCHEDULE PLANNER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM	RA 101		RA 101	FST 101	RA 101	Work	Work
9:30 AM	RA 101		RA 101	FST 101	RA 101	Work	Work
10:00 AM			CHEM 121A			Work	Work
10:30 AM			CHEM 121A			Work	Work
11:00 AM	CHEM 121A	CHEM 121A		CHEM 121A	CHEM 121A	Work	Work
11:30 AM	CHEM 121A	CHEM 121A		CHEM 121A	CHEM 121A	Work	Work
12:00 PM						Work	Work
12:30 PM	Tutor (MATH/Chem)		Tutor (MATH/Chem)	CHEM SI Session		Work	Work
1:00 PM	Tutor (MATH/Chem)	Study/HW	Tutor (MATH/Chem)	CHEM SI Session	Study/HW	Work	Work
1:30 PM	Tutor (MATH/Chem)	Study/HW	Tutor (MATH/Chem)	Tutor (RA 101)	Study/HW	Work	Work
2:00 PM	MATH 125	Study/HW	MATH 125	Tutor (RA 101)	Study/HW	Work	Work
2:30 PM	MATH 125	Study/HW	MATH 125		Study/HW	Work	Work
3:00 PM	MATH 125		MATH 125	CHEM 125A	Study/HW		
3:30 PM				CHEM 125A	Study/HW		
4:00 PM		Pre-Pharm Club		CHEM 125A	Study/HW		
4:30 PM		Pre-Pharm Club		CHEM 125A	Study/HW		
5:00 PM		Pre-Pharm Club		CHEM 125A	Study/HW		
5:30 PM				CHEM 125A	Study/HW		
6:00 PM	Study/HW		Study/HW				Study/HW
6:30 PM	Study/HW	Soccer Practice	Study/HW	Soccer Practice			Study/HW
7:00 PM	Study/HW	Soccer Practice	Study/HW	Soccer Practice			Study/HW
7:30 PM	Study/HW	Soccer Practice	Study/HW	Soccer Practice			Study/HW
8:00 PM	Study/HW	Soccer Practice	Study/HW	Soccer Practice			Study/HW
9:00 PM	Study/HW		Study/HW				Study/HW
10:00 PM	Study/HW		Study/HW				Study/HW

- **IN CLASS (PLAN ASYNCHRONOUS TIME TOO)**
- **STUDY → 2:1 RATIO**
- **BREAKS**
- **WORK**
- **SOCIAL LIFE**
- **REST**
- **SCHOOL / WORK / SOCIAL LIFE BALANCE**

NOTE-TAKING



• USE A STRATEGY OR STYLE

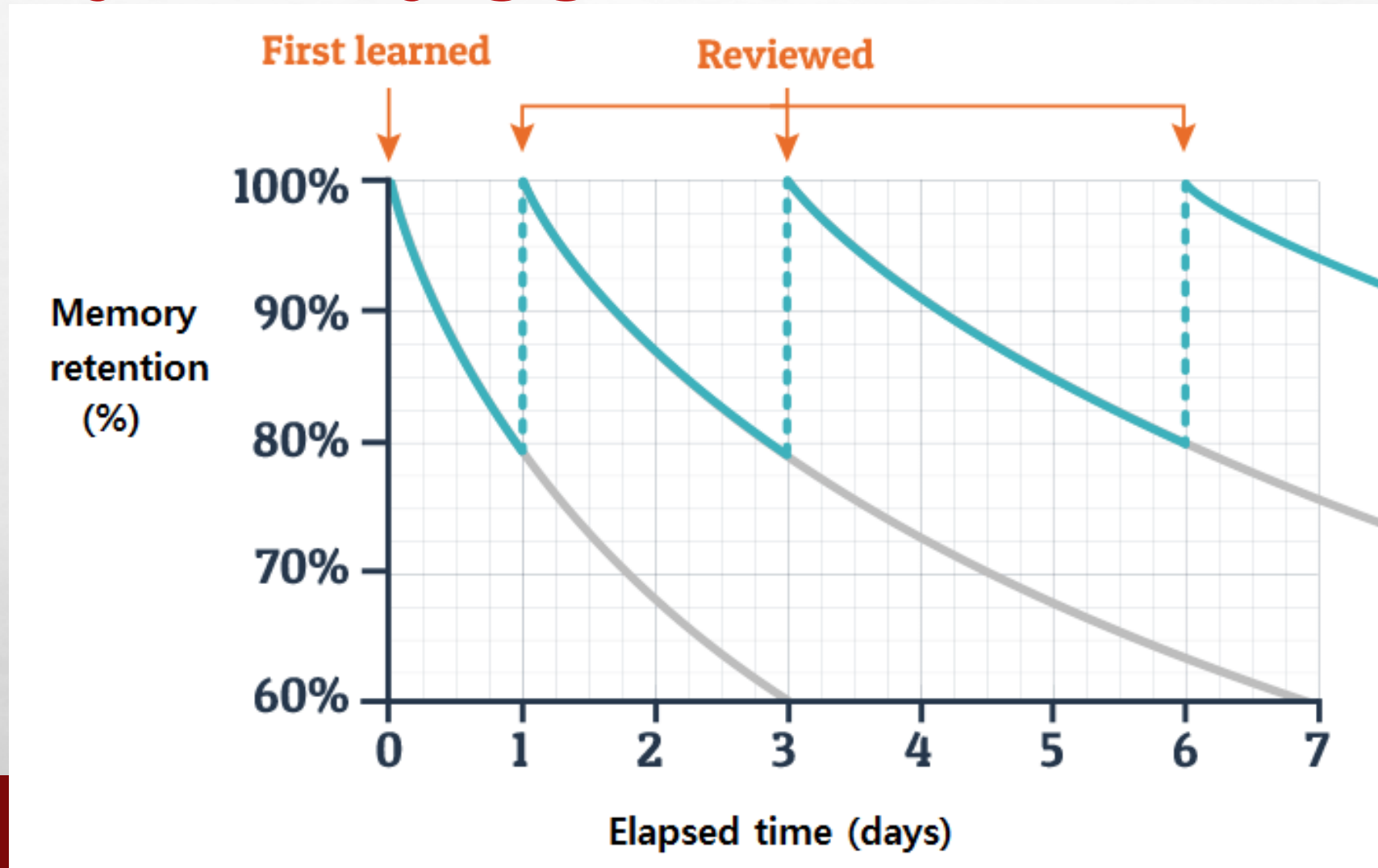
- **Cornell**
- **Outline**
- **Mapping**

• **TIMING (BEFORE, DURING, AFTER)**

• **WRITTEN VS APP VS AUDIO**

• **INSTRUCTOR'S TEACHING STYLE**

FORGETTING CURVE



LEARNING SUPPORT SERVICES



- **TUTORING RESOURCE CENTER**
- **WRITING CENTER**
- **SPEECH CENTER**
- **SUPPLEMENTAL INSTRUCTION**
- **INSTRUCTOR'S OFFICE HOURS**
- **TESTING SERVICES (PLACEMENT EXAM)**
- **FST**

SOAR STUDY TABLES & TUTORING

Dajia:
Math, Chemistry, Biology

Fareedah:
Biology, Chemistry

Fatimot:
Biology, Chemistry, PSYC 111, STAT 107, MATH 120, 112A/B

Mysaiah:
English, Psychology

Olivia:
All subjects

Ugo:
Math, Physics, Engineering Chemistry

Wisdom:
STEM courses

	Monday	Tuesday	Wednesday	Thursday	Friday
Dajia	9:30 – 10:30 a.m.	8:30 – 10:30 a.m.		8:00 – 11:00 a.m.	
Fareedah	12:00 – 2:00 p.m.			11:30 a.m. – 12:30 p.m.	11:30 a.m. – 12:30 p.m.
Fatimot	12:00 -1:00	1:00 – 2:00 p.m. 3:00 – 5:00 p.m.		1:00 – 2:00 p.m. 3:00 – 4:00 p.m.	
Mysaiah	10:30 a.m. – 12:00 p.m.		10:00 – 11:30 a.m.	2:00 – 5:00 p.m.	
Olivia	5:00 - 7:00 p.m.			5:00 - 7:00 p.m.	
Ugo		5:00 – 6:00 p.m.		5:00 – 6:00 p.m..	10:00 – 11:00 a.m.
Wisdom	1:30 – 3:00 p.m.				1:30 – 3:00 p.m.

ON-GROUND & ONLINE TUTORING SESSIONS



Register for a New Account

Fill out the form below in order to create a new account on this system. Once you've successfully registered, you'll be able to log in to the system immediately. Questions marked with a * are required.

Email Address *

@siue.edu

First Name *

Last Name *

Telephone Number

Standing *

-- please select --

Graduation Year *

-- please select --

First or Home Language *

-- please select --

Major *

Student ID *

RANGE OF COURSE INCLUDING RA, QR, MATH, BUSINESS, BIOLOGY, & CHEMISTRY.

- **HOW TO REGISTER VIDEO -**
<https://youtu.be/rfe6doz1akq>
- **Register Here!!!!**
<https://siue.mywconline.com/register.php>

COMPUTER LABS ON CAMPUS

- **LABS AVAILABLE ACROSS CAMPUS**
 - **DORM LABS OPEN 24 HOURS**
- **PRINTING ON CAMPUS**
 - **LOCATIONS**
 - **WEB & MOBILE PRINTING INSTRUCTIONS**

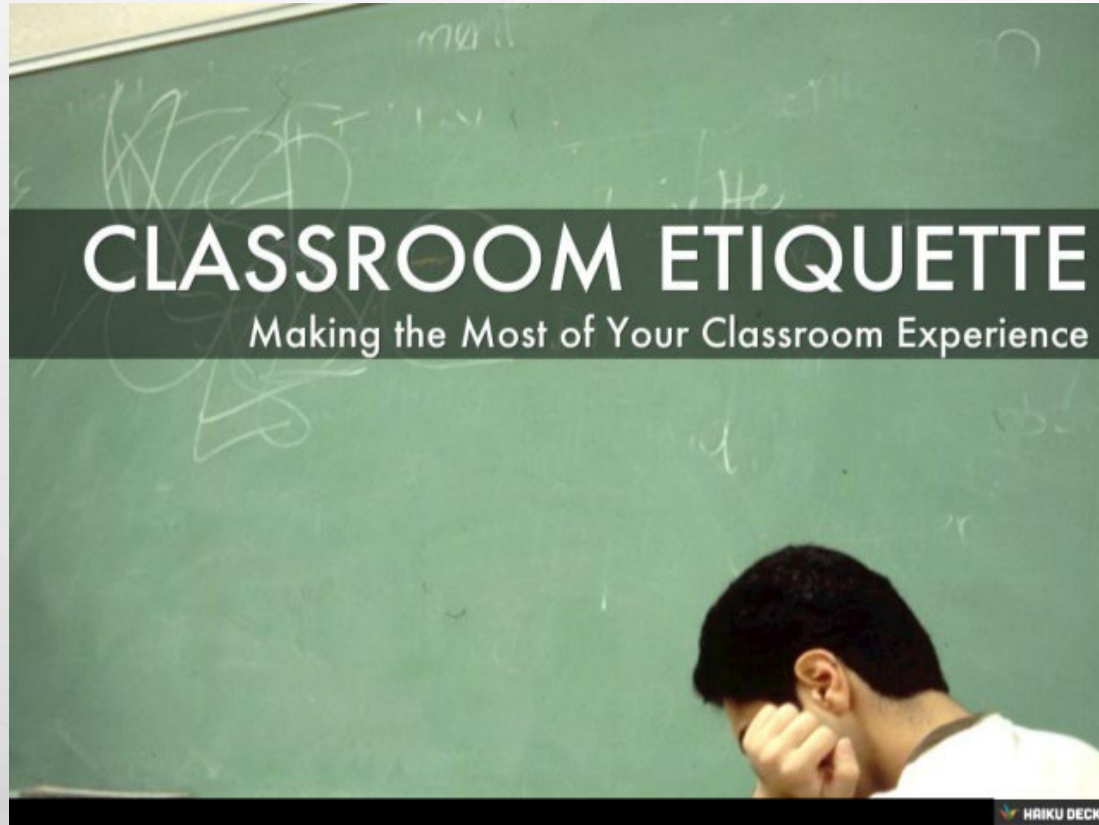


STUDENT SUPPORT SERVICES & RESOURCES



- **ACCESS**
- **COUNSELING SERVICES**
- **HEALTH SERVICES**
- **CAREER DEVELOPMENT CENTER**
- **KIMMEL LEADERSHIP CENTER**
- **CENTER FOR STUDENT DIVERSITY & INCLUSION**
- **COUGAR CUPBOARD**
- **CAMPUS RECREATION**

CLASSROOM ETIQUETTE



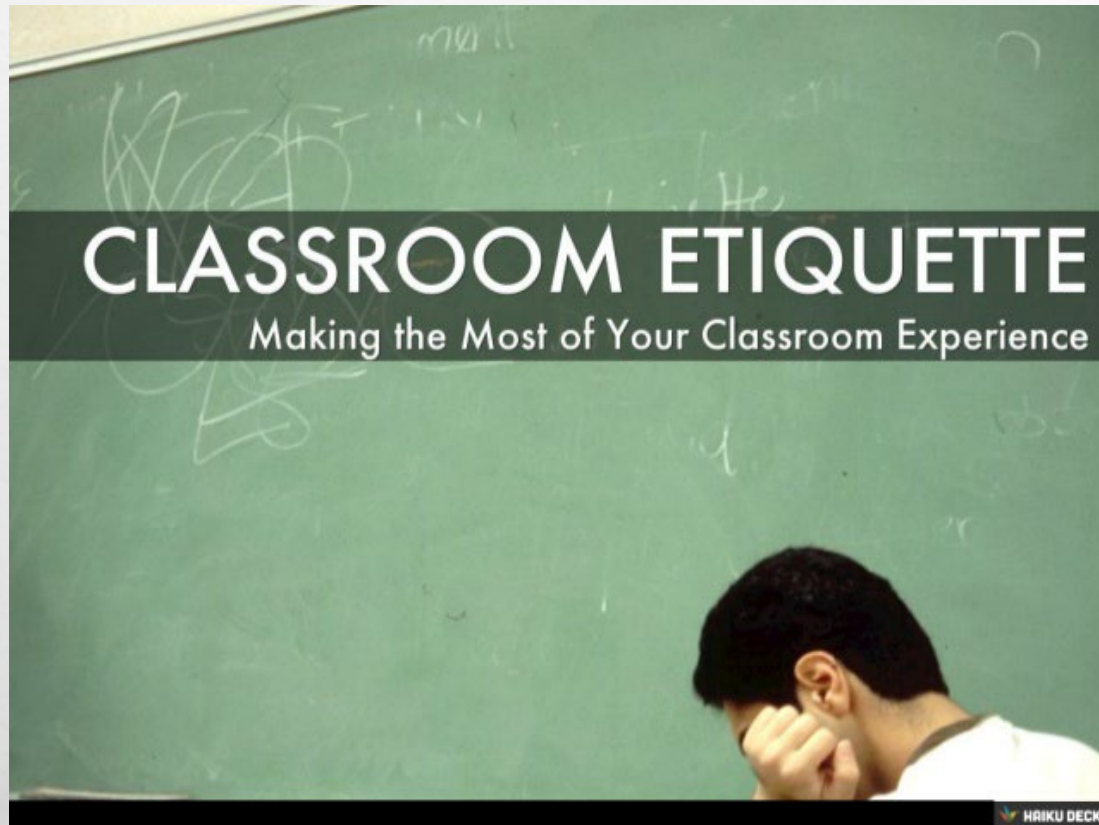
- **ATTEND CLASS**
- **ARRIVE ON TIME**
- **BE PREPARED**
- **SILENCE CELLPHONE**
- **ENGAGE**
- **STAY TO THE END**

ZOOM ETIQUETTE



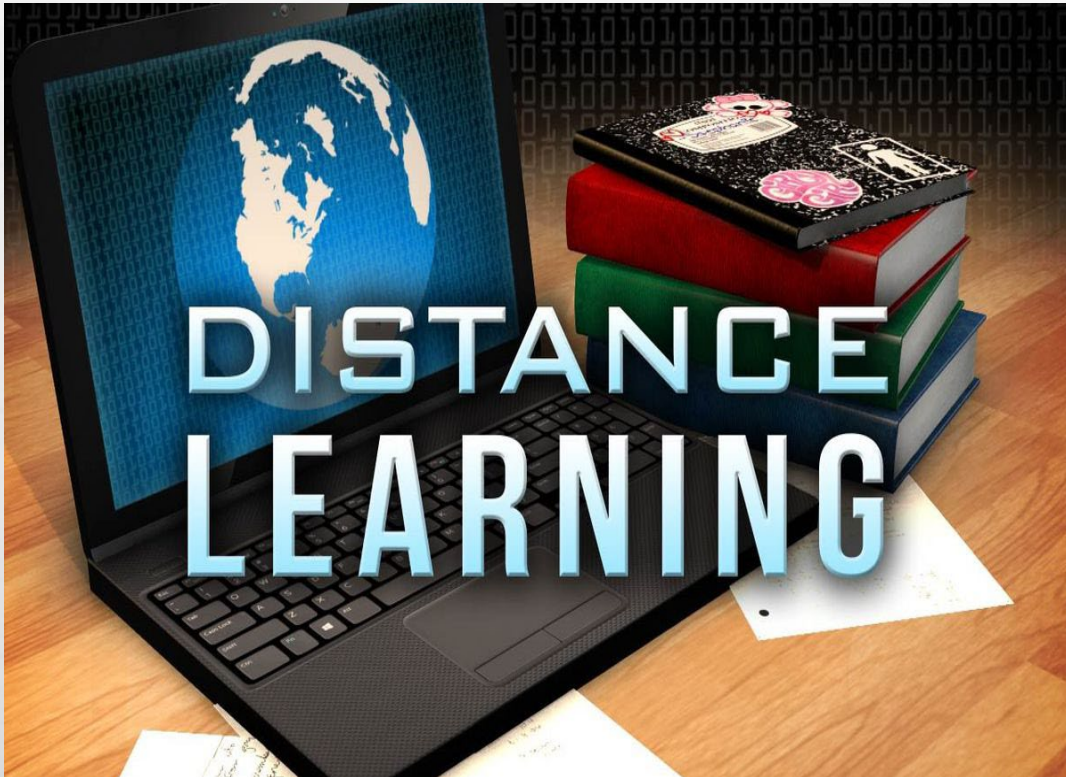
- **DO**
 - **DRESS APPROPRIATELY**
 - **BE CONSCIOUS OF BACKGROUND AND PERSONAL SPACE**
 - **ADJUST LIGHTING IN ADVANCED**
 - **SHOW UP ON TIME AND READY**
 - **MUTE YOUR MIC**
 - **CONSIDER USING HEADPHONES**
 - **USE RAISE HAND FEATURE**
- **DON'T**
 - **USE DISTRACTING BACKGROUND**
 - **DO NOT LAY DOWN**
 - **DO NOT EAT ON CAMERA**
 - **DO NOT ATTEND CLASS WHILE DRIVING**

EMAIL ETIQUETTE



- **INCLUDE CLEAR CONCISE SUBJECT**
- **ADDRESS PROFESSOR OR STAFF BY TITLE**
- **CHECK SYLLABUS FIRST**
- **USE SIUE EMAIL ACCOUNT**
- **INCLUDE NAME & STUDENT ID**
- **USE RESPECTFUL / MATURE TONE**
- **USE PROPER GRAMMAR & SPELLING**
- **BE PATIENT & FOLLOW-UP IF NEEDED**
- **[EMAIL ETIQUETTE VIDEO](#)**

ONLINE LEARNING



- **WIFI / HOTSPOTS**
- **MOBILE DEVICES / CHROMEBOOKS**
- **BROWSERS**
- **BLACKBOARD**
- **TECHSMITH KNOWMIA**
- **TURNITIN**
- **OFFICE 365**

[HTTPS://WWW.SIU.EDU/ITS/IDLT/TEACHING-LEARNING-CONTINUITY/STUDENTS.SHTML](https://www.siu.edu/its/idlt/teaching-learning-continuity/students.shtml)

[HTTPS://WWW.SIU.EDU/ONLINE/PLANNING-PREPARATION/INDEX.SHTML](https://www.siu.edu/online/planning-preparation/index.shtml)

QUESTIONS



SOAR OFFICE

- **STUDENT SUCCESS CENTER ROOM 1259**
 - **(ENTER VIA THE ACADEMIC ADVANCEMENT CENTER; SUITE 1220)**
- **SOAROFFICE@SIUE.EDU**
- **PHONE: 618-650-3790**